# Fakeeh College for Medical Sciences Nursing Department-Short Courses



### **COUNSELING AND FAMILY THERAPY COURSE**

## **1.Course Learning Outcomes**

#### By the end of the course, participants will be able to:

 Recognize the history, philosophy, and trends of Mental Health counseling.

6. Analyze the roles and

functions of clinical

counselors in various

practice settings.

mental health

- State ethical and legal considerations specifically related to the practice of Mental Health Counseling.
- Recognize the major approaches/theories of counseling.
- 7. Utilize advance 8
  technological
  competency in
  performing
  counseling skills.
- 8. Apply principles of counseling and mental healthcare in contemporary and professional therapeutic relationships.
- 4. Summarize the prominent theories of counseling and family therapy.
- Apply key theoretical relevant concepts to the practice of interpersonal and counseling skills.
- 5. Explain the suitability of various counseling and family therapy techniques and models in treating mental illness.

## 2.Speakers

Dr. Abd Al-hadi Hassan aalhasan@fcms.edu.sa

Dr. Samah Ali saali@fcms.edu.sa

## 3. Target Audiences

- Behavioral Health Staff.
- Psychiatric OPD Staff.

## **4.Delivery Time and Duration**

The course will be conducted for three months (1st. Sept. 2021-1st.Dec.2021). Every Thursday: 2 – 4 pm.

For registration, please contact Academic Affairs Unit Ext #805 or visit our website: www.fakeehcollege.edu.sa